

Progressive X Grooves  
Groove Heavy ... bridging both styles !



Progressive X Grooves radio = every tuesday @ <https://www.progressivexgrooves.com>

Progressive X Grooves InsideOut 1993-2018 Tuesday 4 December 2018 / radioshow no. 473

Tuesday 7 PM – 8 PM (=Amsterdam time first hour)  
Tuesday 1 PM – 2 PM (=New York time first hour)  
Tuesday 2 PM – 3 PM (=Rio de Janeiro time first hour)

----- NO MUSIC NO LIFE <> KNOW MUSIC KNOW LIFE \_ (Underground) Rocks -----

- Pieter's selection <> InsideOut music {25} 1993 – 2018 radio special -

1. DEREK SHERINIAN & TY TABOR – Jughead U.S.A. 2002  
• C'mon  
(Rocks – \*InsideOut {25} 1993-2018 special\* Derek Sherinian (DREAM THEATER / SONS OF APOLLO) teams up with Ty Tabor (KINGS X). Progressive melodic rock with a strong THE BEATLES reference !)
2. ARJEN LUCASSEN (AYREON) – Lost in the new real Netherlands 2012  
• Parental procreation permit  
(Rocks – \*InsideOut {25} 1993-2018 special\* AYREON mastermind solo with guest and actor Rutger Hauer !)
3. FATES WARNING – Darkness in a different light U.S.A. 2013  
• Firefly  
(Rocks – \*InsideOut {25} 1993-2018 special\* progressive metal pioneers FATES WARNING always deliver !)
4. STEVE HACKETT (GENESIS) – Broken skies outspread wings {DeLuxe box} United Kingdom 2018  
• a. In memoriam 1999  
• b. Set your compass 2006  
• c. Mechanical bride 2003  
(Rocks – \*InsideOut {25} 1993-2018 special\* a. {Pieter and Ron} tribute to our fathers R.I.P. b./c. Welcome to the FutureNow \_ performed by master guitarist Steve Hackett !)
5. ELDRITCH – Headquake Italia 1997  
• The quest(ion) of SACROSANCT  
(Rocks – \*InsideOut {25} 1993-2018 special\* dedicated to friends of the show SACROSANCT, thanks guys !)
6. REDEMPTION (AGENT STEEL\_FATES WARNING) – Snowfall on judgment day U.S.A. 2009  
• Leviathan rising  
(Rocks – \*InsideOut {25} 1993-2018 special\* super group with AGENT STEEL & FATES WARNING members !)
7. JADE WARRIOR – Way of the sun United Kingdom 1978 / 2006  
• Heavenstone  
(Rocks – \*InsideOut {25} 1993-2018 special\* very eclectic progressive rock with oriental influences !)
8. IAN PARRY'S CONSORTIUM PROJECT (AYREON\_ELEGY\_KAMELOT) – I (one) Global Village 1999  
• Change needs content  
(Rocks – \*InsideOut {25} 1993-2018 special\* friend of the show Ian Parry, a multi-talented musician !)
9. MASTERMIND – Angels of the apocalypse U.S.A. 2000  
• The endless enigma  
(Rocks – \*InsideOut {25} 1993-2018 special\* friend of the show Bill Berends, a Dutch-American musician !)

Kees (SACROSANCT) with Ron and Pieter



THE LEADERS IN PROGRESSIVE ROCK FOR 25 YEARS



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Progressive X Grooves **InsideOut 1993-2018** Tuesday 4 December 2018 / radioshow no. 473

Tuesday 8 PM - 9 PM (=Amsterdam time second hour)  
Tuesday 2 PM - 3 PM (=New York time second hour)  
Tuesday 3 PM - 4 PM (=Rio de Janeiro time second hour)

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- Ron's selection <> InsideOut music {25} 1993 - 2018 radio special -

1. ASPERA aka ABOVE SYMMETRY (IHTSAHN\_LEPROUS) - Ripples Norway 2010
  - Intro
  - Ripples

(Rocks - \*InsideOut {25} 1993-2018 special\* the ASPERA guys were just 20 (!) while delivering "Ripples" !)
2. ASIA featuring John Payne - Aura United Kingdom 2000
  - Awake

(Rocks - \*InsideOut {25} 1993-2018 special\* ASIA with John Payne or John Wetton ? Both very good !)
3. ENCHANT - Juggling 9 or dropping 10 U.S.A. 2000
  - Paint the picture

(Rocks - \*InsideOut {25} 1993-2018 special\* with Ted Leonard of SPOCK's BEARD | TRANSATLANTIC !)
4. FROST (ARENA\_IQ\_IT BITES\_KINO\_LONELY ROBOT) - Fragments in mass appeal United Kingdom 2008
  - Falling down

(Rocks - \*InsideOut {25} 1993-2018 special\* super group ... and the bandlist above is not even complete !!!)
5. GPS - Window to the soul United Kingdom / 2006  
U.S.A.
  - Window to the soul

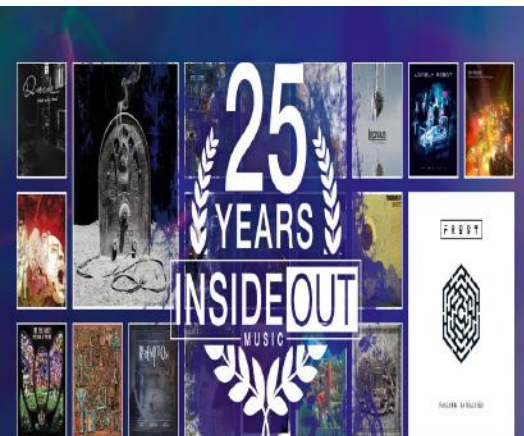
(Rocks - \*InsideOut {25} 1993-2018 special\* GPS is Govan / Payne / Schellen, a nice project indeed !)
6. INCURA - Same U.S.A. 2014
  - Sweat runs cold

(Rocks - \*InsideOut {25} 1993-2018 special\* eclectic for QUEEN fans featuring HAREM SCAREM members !)
7. KARMAKANIC (FLOWERKINGS\_YNGWIE MALMSTEEN) - Dot Sweden 2016
  - Steer by the stars

(Rocks - \*InsideOut {25} 1993-2018 special\* with fabulous singer Göran Edman, proggy and melodic !)
8. PAIN OF SALVATION - The perfect element Sweden 2000
  - Beyond the mirror

(Rocks - \*InsideOut {25} 1993-2018 special\* quality again by the Gildenlöw brothers, proggy and melodic !)

Kees (SACROSANCT) and Ron



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Progressive X Grooves InsideOut 1993-2018 Tuesday 4 December 2018 / radioshow no. 473

Tuesday 9 PM - 10 PM (=Amsterdam time third hour)  
Tuesday 3 PM - 4 PM (=New York time third hour)  
Tuesday 5 PM - 6 PM (=Rio de Janeiro time third hour)

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- Pieter and Ron's Fireworks <> InsideOut music {25} 1993 - 2018 radio special -

1. RIKARD SJÖBLOM 's GUNGLY - Friendship Sweden 2018  
  - Ghost of vanity

*(Rocks - \*InsideOut {25} 1993-2018 special\* dedicated to all friends of the show worldwide: you rule !!!)*
2. GÖSTA BERLINGS SAGA (xKING CRIMSON) - Et ex Sweden 2018  
  - Over and out

*(Rocks - \*InsideOut {25} 1993-2018 special\* for fans of KING CRIMSON, avantgarde progressive rock !)*
3. ROINE STOLT (FLOWERKINGS\_TRANSATLANTIC) - Manifesto af an alchemist Sweden 2018  
  - Ze pawns

*(Rocks - \*InsideOut {25} 1993-2018 special\* "ze Germans sayz ze pawns" solid progressive rock !)*
4. RIVERSIDE - Wasteland Poland 2018  
  - Guardian angel

*(Rocks - \*InsideOut {25} 1993-2018 special\* solid progressive rock from Poland since 2001 !)*
5. ANNEKE VAN GIERSBERGEN (DEVIN TOWNSEND\_GATHERING\_MOONSPELL\_VUUR) - Symphonized ! Netherlands 2018  
  - Freedom

*(Rocks - \*InsideOut {25} 1993-2018 special\* friend of the show Anneke van Giersbergen, thanks lady !)*
6. DEVIN TOWNSEND PROJECT - Ocean machine: live in Bulgaria Canada 2018  
  - Gaia

*(Rocks - \*InsideOut {25} 1993-2018 special\* multi-talent Devin Townsend with his epic wall of sound !)*
7. HAKEN - Vector United Kingdom 2018  
  - A cell divides

*(Rocks - \*InsideOut {25} 1993-2018 special\* new-skool progressive metal / the next generation ... !)*
8. KINO (ARENA\_IT BITES\_MARILLION\_LONELY ROBOT) - Radio Voltaire United Kingdom 2018  
  - I don't know why ...

*(Rocks - \*InsideOut {25} 1993-2018 special\* "lonely robots" in a "super group" hi-ha-ho !?!)*
9. THE SEA WITHIN (FLOWERKINGS\_ILLOGICIST\_TRANSATLANTIC) - Same Sweden / 2018  
  - Where are you going ? Germany

*(Rocks - \*InsideOut {25} 1993-2018 special\* super groups .... super groups ... where are you going ?)*

Kees (SACROSANCT) with Ron and Pieter



THE LEADERS IN PROGRESSIVE ROCK  
FOR 25 YEARS



# Progressive X Grooves

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SOCIAL  
ECONOMY  
on the move...

## Business partners / "friends of the show" in alphabetical order:

- **all listeners, artists and supporters !**
- Agoge Records
- Airplay Direct \_ Rounder records \_ RockinK & Mountain Fever Music \_ Alligator records {June 2018}\_ Darth Jadea Music {June 2018}\_ CMH records {July 2018}\_ Stony Plain records {September 2018}
- Angel Thorne Music → **Universal Music distribution {October 2018}**
- Anteo music
- AFM music \_ Red Lion \_ Drakkar Music
- Century Media music (a SONY company)
- Cherry Red labelgroup
- Chicago (U.S.A.): Cajual \_ Relief records
- Clawhammer PR \_ Comatose \_ Dark Descent \_ Despotz \_ Pavement \_ Transcending \_ Xtrem Music \_ Willowtip records
- Unspeakable Axe records \_ Lavadome Productions \_ **My Magic Mud / Malevolence records {November 2018}**
- **CMG holding AB \_ I.C.E.A. Music {since October 2018}**
- CMM marketing \_ H'art music \_ SAOL \_ Believe Digital \_ Epitaph \_ **BMG Bertelsmann Music Group {October 2018}**
- Connecting Music \_ Cargo \_ Escape Music \_ and many other labels
- Crimson (custom built guitars) **{new promotion partner since December 2018}**
- CTM Music & Management
- Defected records | Detroit (U.S.A.): KMS | Metroplex | Planet E | Transmat | Red Planet | Underground Resistance
- Doc Holliday music productions \_ VIC records
- Eastgate [Tangerine Dream]
- Frontiers music
- Full Metal Service
- Galileo records | Gentle Art Of Music
- Guerssen music
- Hammerheart records
- Hard Life Promotion \_ Mausoleum \_ Sensory \_ Freya Music \_ Mighty Music \_ IceWarrior \_ **4TM (Take This Trip To Mars)**
- Hydra Productions | Hypnotic Dirge records (Canada)
- Imprezz records
- InsideOut music (a SONY company) \_ Superball Music
- Inverse records \_ Secret Entertainment \_ **Concorde Music Company {October 2018}** (Finland)
- Layered Reality Productions | Limb music | Lion music | Listenable music
- Massacre music \_ Blue Rose music \_ Swan Lake music
- Maple Metal records | Mascot Music | Musea labelgroup
- Mediamarkt Utrecht store **{advisor in progressive | rock | metal since December 2018}**
- Napalm records
- Non Serviam music | No Dust records
- Numusi → Green Tree \_ O-MUSIC \_ Paisley Press – **simply the best in underground 60s/70s/80s progressive !**
- Oskar Music **{new promotion partner since November 2018}**
- Pirate Smile promotions \_ **Silver Lining music {since November 2018}** | Progress records | Progrock records
- **Profane records (Netherlands) {October 2018}**
- Prosthetic records
- Pure Steel labelgroup | High Roller records | Into The Limelight Productions
- Radio partners\_Prog Palace Radio | Radio 509 | ROSA Digitaal / DB962 {powered by DECIBEL}
- Red Lion music | Relapse records
- RocknGrowl \_ EMP-Ellefson Music Productions \_ ROAR! \_ Combat \_ Sun Hill
- Rock Company
- SMP \_ Trollzorn
- Season Of Mist → Xenokorp
- **SMS \_ Sjerruf Music Support {new promotion partner since October 2018}**
- SOLAR (Sound Of Los Angeles Records) – **label relaunch 1970s/1980s into now → June 2018 !**
- Southern Lord records {new promotion partner since June 2018}
- Spikefarm / Spinefarm records | Candlelight records | SPV Steamhammer records
- Support partners \_ Jennifer Haak photography | Kontrast Designs/KUNSTR Art Collective | Hablar Online Marketing
- Sure Shot Worx \_ Cruz del Sur \_ Pulverised \_ High Roller \_ VAN \_ Empire \_ No Remorse \_ Eisenwald {September 2018}
- **Rocksector records {October 2018}**
- Suburban \_ Peaceville music
- Tone of Voice promotions | Unicorn digital media | Vinyl-Masterpiece dance classics